



KERSTONFOODS

we supply... you create

Wellness

C A T A L O G U E

*Vegan & Vegetarian · Gluten Free · Berries · Dried Fruit & Nuts · Baking
Dairy & Non-Dairy · Tea · Water · General Groceries*



Vegan & Vegetarian

Shop a wide range of top quality vegan and vegetarian products.



Flora
Vegan Margarine Tub
500g



B-Well Chef
Tangy Mayonnaise 750g



Fry's
Meat-Free Hot Dogs



Fairview
Dairy Free Cheddar
Flavoured Cheese



B-Well Chef
Tangy Mayonnaise 3kg



Fry's
Meat-Free Hot Dogs



Naked Leaf
Beetroot & Beans Patties



Naked Leaf
Mushroom & Lentils
Patties



KF Preferred
Glam Garlic Vegan Fat
Spread 250g



KF Preferred
Charming Chilli Vegan Fat Spread 250g



KF Preferred
Brilliant Braai Vegan Fat Spread 250g



KF Preferred
Sweet & Savoury Vegan Fat Spread 250g



KF Preferred
Luscious Lemon Vegan Fat Spread 250g



Kerston Foods
Unsalted Vegan Spread 500g



Kerston Foods
Salted Vegan Spread 500g

GET IN TOUCH
WITH US FOR
MORE VEGAN
& VEGETARIAN
PRODUCTS

BRANDS MAY CHANGE DEPENDING ON AVAILABILITY.



we supply... you create

Gluten Free

We offer a wide range of gluten free products.



Health Connection
Flour Mix 500g



Glutagon
Classic Flapjacks 375g



Wellness
Choc-Chip Muffin Mix 375g



Health Connection
Brown Rice Flour 500g



Health Connection
Self-Raising Flour 500g



Komati
Rolled Oats 1kg



Health Connection
Muesli 500g



Glutagon
Cocoa Rice Cereal 375g



San Remo
Penne Pasta 350g



Yamasa
Soy Sauce 500ml



San Remo
Spaghetti 350g



Wellness
Chocolate Cake Mix 375g



Wellness
Vanilla Cake Mix 375g



Glutagon
Pizza Bases

GET IN TOUCH
WITH US FOR MORE
GLUTEN-FREE
PRODUCTS

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we supply... you create

Water

Stay fresh & hydrated with our selection of Water products.

GET IN TOUCH WITH US FOR MORE WATER PRODUCTS

BRANDS MAY CHANGE DEPENDING ON AVAILABILITY.



Valpre
6 Pack Still Water 500ml



Valpre
6 Pack Sparkling Water 500ml



Thai Coco
Pure Coconut Water 1L



Schweppes
6 Pack Soda Water 200ml



Deli
Rose Water 375ml



Schweppes
6 Pack Tonic Water 200ml



DOPE
6 Pack Water Grapefruit Flavour 330ml



DOPE
6 Pack Water Pineapple Flavour 330ml



DOPE
6 Pack Water Watermelon Flavour 330ml

Tea

Stay hydrated & healthy with our selection of Tea products.

GET IN TOUCH WITH US FOR MORE TEA PRODUCTS

BRANDS MAY CHANGE DEPENDING ON AVAILABILITY.



Freshpak
Rooibos 80 Pack



Freshpak
Rooibos with Echinacea
20 Pack



Dilmah
Earl Grey 25 Pack



Dilmah
Peppermint Pure Leaves
Infusion 25 Pack



Dilmah
Camomile Flowers
Infusion 50 Pack



Dilmah
Lemon Flavoured Tea
25 Pack



Tea
Dried Hibiscus Flowers
100g



Tea
Dried Hibiscus Flowers
100g



Tea
Buchu Teabags 100g
40 Pack

Dried Fruit & Nuts

Shop from a wide range of our dried fruit & nut products.



Kerston Foods
Ground Almonds 1kg



Relianz Foods
Walnut Pieces 1kg



Relianz Foods
Pecan Nut Pieces 1kg



Relianz Foods
Dried Cranberries 1kg



Relianz Foods
Mixed Dried Fruit 1kg



Relianz Foods
Goji Berries 1kg

GET IN TOUCH
WITH US FOR MORE
DRIED FRUIT & NUT
PRODUCTS

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we supply... you create

Berries

Get the best berries around.



Frut
Frozen Berry Blend 1kg



Frut
Frozen Strawberries 1kg



Frut
Frozen Blueberries 1kg



Frut
Frozen Raspberries 1kg



Frut
Frozen Cranberries 1kg



Frut
Frozen Sweet Black
Cherries 1kg



Frut
Frozen Sour Cherries 1kg



Frut
Frozen Blackberries 1kg



Frut
Frozen Gooseberries 1kg



Frut
Frozen Mango Cubes 1kg



Liberty Select
Caper Berries 1.2kg



Kerston Foods
Juniper Berries 500g

GET IN TOUCH WITH
US FOR MORE BERRY
PRODUCTS

BRANDS MAY CHANGE DEPENDING ON AVAILABILITY.



Dairy & Non-Dairy

We have a large range of dairy and non-dairy products for order.



Lancewood
Double Cream Coconut
Yoghurt 1kg



Liberty Select
Coconut Milk 400ml



Almond Breeze
6 Pack Unsweetened
Almond Milk 1Lt



Almond Breeze
6 Pack Sweetened
Almond Milk 1Lt



Almond Breeze
6 Pack Barista Blend
Almond Milk 1Lt



Okja
Oat Milk 1kg



Nature's Charm
Sweetened Condensed
Coconut Milk 320g



Yokos
Plain Cultured Coconut
Yoghurt 1kg

GET IN TOUCH
WITH US FOR MORE
DAIRY & NON-DAIRY
PRODUCTS

BRANDS MAY CHANGE DEPENDING ON AVAILABILITY.

DAIRY & NON-DAIRY



we supply... you create

Baking

Bake with only the best. Shop our range of baking products.

GET IN TOUCH WITH US FOR MORE BAKING PRODUCTS

BRANDS MAY CHANGE DEPENDING ON AVAILABILITY.



Liberty Select
Coconut Cream 400ml



B-Well
Chef Frying Oil 20L



Relianz Foods
Cocoa Powder 1kg



Crede
Organic Virgin Coconut
Oil 500ml



Komati
Coconut Sugar 200g



Relianz Foods
Coconut Flour 1kg



Soaring Free
Organic Cacao Butter
200g



Soaring Free
Organic Cacao Nibs
200g



OhMega
Almond Butter 1kg



General Groceries

Get everything you need to create from Kerston Foods.



Black Cat
Diabetic-Friendly Smooth
Natural Peanut Butter
400g



Health Connection
Coarse Himalayan Salt
500g



Kerston Foods
Raw Honeycomb in
Frame

GET IN TOUCH
WITH US FOR MORE
GENERAL GROCERY
PRODUCTS

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KERSTONFOODS

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KERSTONFOODSONLINE.COM

ORDER VIA EMAIL:
SALES@KERSTONFOODS.COM

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