KERSTONFOODS

we supply...you create

Wellness

CATALOGUE

Vegan & Vegetarian · Gluten Free · Berries · Dried Fruit & Nuts · Baking
Dairy & Non-Dairy · Tea · Water · General Groceries



CERTIFIED FOR FOOD SAFETY & SUSTAINABILITY FSSC 22000 ecovadis

Welcome to the Kerston Foods Wellness Catalogue. This catalogue aims to showcase our top wellness-focused products.

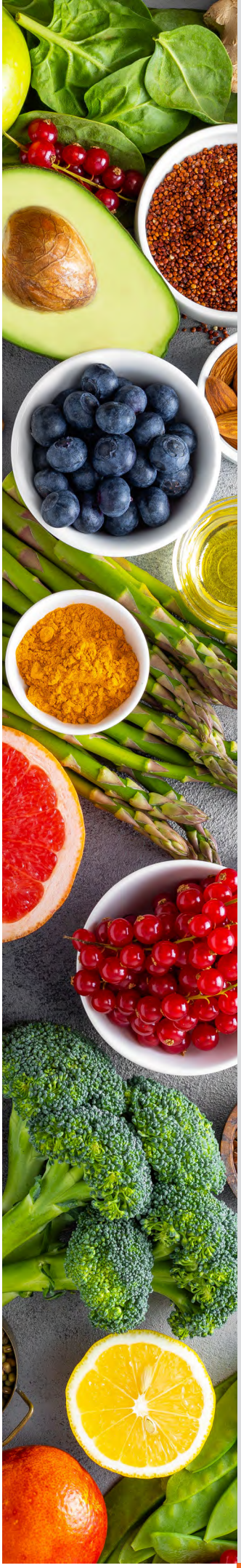
The items listed are not all that are available. Please contact us should you require our full stock list.

Email us at: **sales@kerstonfoods.com**

FSSC 22000 ecovadis

What's Inside

VEGAN & VEGETARIAN 3
GLUTEN FREE 4
WATER 6
TEA 8
DRIED FRUIT & NUTS 9
BERRIES & FROZEN FRUIT 10
DAIRY & NON-DAIRY 11
BAKING 13
GENERAL GROCERIES 14



Vegan & Vegetarian

Shop a wide range of top quality vegan and vegetarian products.



B-Well
Tangy Mayonnaise (Vegan) 750g



B-Well
Tangy Mayonnaise (Vegan) 3kg



Kerston Foods
Unsalted Vegan Spread 500g



Kerston Foods
Salted Vegan Spread 500g



Fry's
Meat-Free Hot Dogs



B-Well
Thick & Creamy Mayonnaise (Vegan) 3kg



B-Well
Tangy Mayonnaise (Vegan) 20kg



Fairview
Dairy Free Cheddar Flavoured Cheese 6x200g

GET IN TOUCH WITH US FOR MORE VEGAN & VEGETARIAN PRODUCTS

BRANDS MAY CHANGE DEPENDING ON AVAILABILITY.



Gluten Free

We offer a wide range of gluten free products.



Health Connection
Flour Mix 500g



Glutagon
Classic Flapjacks 375g



Health Connection
Brown Rice Flour 500g



Health Connection
Tapioca Flour 500g



Glutagon
Pizza Bases



Yamasa
Tamari Gluten Free Soya 500ml



Sam Mills
Spaghetti Corn Gluten Free 500g



Komati
Dehuscked Buckwheat 500g



Glutagon
Choc Chip Muffin Mix Gluten Free 375g



Health Connection
Rolled Oats Gluten Free 1kg



Sam Mills
Pasta D'Oro Gluten Free 500g



Suree
Rice Noodle Sticks 5mm Gluten Free 250g



Suree
Rice Noodle Sticks 3mm Gluten Free 250g



Health Connection
Muesli 500g

GET IN TOUCH WITH US FOR MORE GLUTEN-FREE PRODUCTS

BRANDS MAY CHANGE DEPENDING ON AVAILABILITY.



Water

Stay fresh & hydrated with our selection of Water products.

GET IN TOUCH WITH US FOR MORE WATER PRODUCTS

BRANDS MAY CHANGE DEPENDING ON AVAILABILITY.



Valpre
6 Pack Still Water 500ml



Valpre
6 Pack Sparkling Water 500ml



ButtaNut
Pure Coconut Water 1L



Schweppes
6 Pack Soda Water 200ml



Deli
Rose Water 375ml



Schweppes
6 Pack Tonic Water 200ml



Valpre
Still Water 12x1.5L



Valpre
Sparkling Water 12x1.5L



Aquelle
Still Water 4x5L

Tea

Stay hydrated & healthy with our selection of Tea products.



Freshpak
Rooibos 80 Pack



Freshpack
Rooibos Green Tea 80 Pack



Dilmah
Earl Grey 25 Pack



Dilmah
Peppermint Pure Leaves Infusion 25 Pack



Dilmah
Camomile Flowers Infusion 25 Pack



Dilmah
Lemon Flavoured Tea 25 Pack



Twinnings
English Breakfast Tea 100 Pack



Twinings
Green Tea & Lemon 25 Pack



Twinings
Green Tea 25 Pack



Twinnings
Camomile Infusion 20 Pack



Infinite Glow
Dried Hibiscus Flowers 100g



Redcino
Rooibos Red Espresso Organic 1KG

GET IN TOUCH WITH US FOR MORE TEA PRODUCTS

BRANDS MAY CHANGE DEPENDING ON AVAILABILITY.



Dried Fruit & Nuts

Shop from a wide range of our dried fruit & nut products.



Multisnack
Almonds Flaked 1kg



Multisnack
Walnut Pieces 1kg



Multisnack
Pecan Pieces 1kg



Multisnack
Pistacio Kernels, No Shell 1kg



Multisnack
Cashews Raw 1kg



Multisnack
Goji Berries Dried 1kg



Relianz Foods
Dried Cranberries 1kg



Relianz Foods
Mixed Dried Fruit 1kg

GET IN TOUCH WITH US FOR MORE DRIED FRUIT & NUT PRODUCTS

BRANDS MAY CHANGE DEPENDING ON AVAILABILITY.



Berries & Frozen Fruit

Get the best berries and frozen fruit around.



Hillcrest
Frozen Strawberries 1kg



Hillcrest
Frozen Blackberries 1kg



Frut
Frozen Sour Cherries 1kg



Peaks
Frozen Gooseberries 1kg



Peaks
Frozen Mango Chunks 1kg



Peaks
Frozen Blueberries 1kg



Hillcrest
Frozen Cranberries 1kg



Frut
Frozen Assorted (Mixed) Berries 1kg



Frut
Frozen Rasberry Crumbles 1kg



GET IN TOUCH WITH US FOR MORE BERRY PRODUCTS

BRANDS MAY CHANGE DEPENDING ON AVAILABILITY.

Dairy & Non-Dairy

We have a large range of dairy and non-dairy products for order.



Urban Vegan
Coconut Yoghurt Vegan 1KG



Lancewood
Strawberry Yoghurt Low Fat 1L



Lancewood
Double Cream Plain Yoghurt 1L



Lancewood
Mixed Fruit Yoghurt Low Fat 1L



Lancewood
Double Cream Plain Yoghurt 5L



Liberty Select
Coconut Milk 400ml



Almond Breeze
6 Pack Unsweetened Almond Milk 1L



Almond Breeze
6 Pack Sweetened Almond Milk 1L



Almond Breeze
6 Pack Barista Blend Almond Milk 1L



Okja
6 Pack Oat Milk 1L



Clover
Condensed Milk 385g

GET IN TOUCH WITH US FOR MORE DAIRY & NON-DAIRY PRODUCTS

BRANDS MAY CHANGE DEPENDING ON AVAILABILITY.



Baking

Bake with only the best. Shop our range of baking products.



Liberty Select
Coconut Cream 400ml



B-Well
Chef Frying Oil 20L



Relianz Foods
Cocoa Powder 1kg



Crede
Organic Virgin Coconut Oil 500ml



Crede
Coconut Sugar Fine 300g



Relianz Foods
Coconut Flour 1kg



Soaring Free
Organic Cacao Butter 200g



Callebaut
Cocoa Nibs 800g



OhMega
Almond Butter 1kg



GET IN TOUCH WITH US FOR MORE BAKING PRODUCTS

BRANDS MAY CHANGE DEPENDING ON AVAILABILITY.

General Groceries

Get everything you need to create from Kerston Foods.



Health Connection
Coarse Himalayan Salt 500g



Black Cat
Diabetic-Friendly Smooth Natural Peanut Butter 400g



Black Cat
Diabetic-Friendly Crunchy Natural Peanut Butter 400g



Macs
Honey Bulk Bucket 7KG



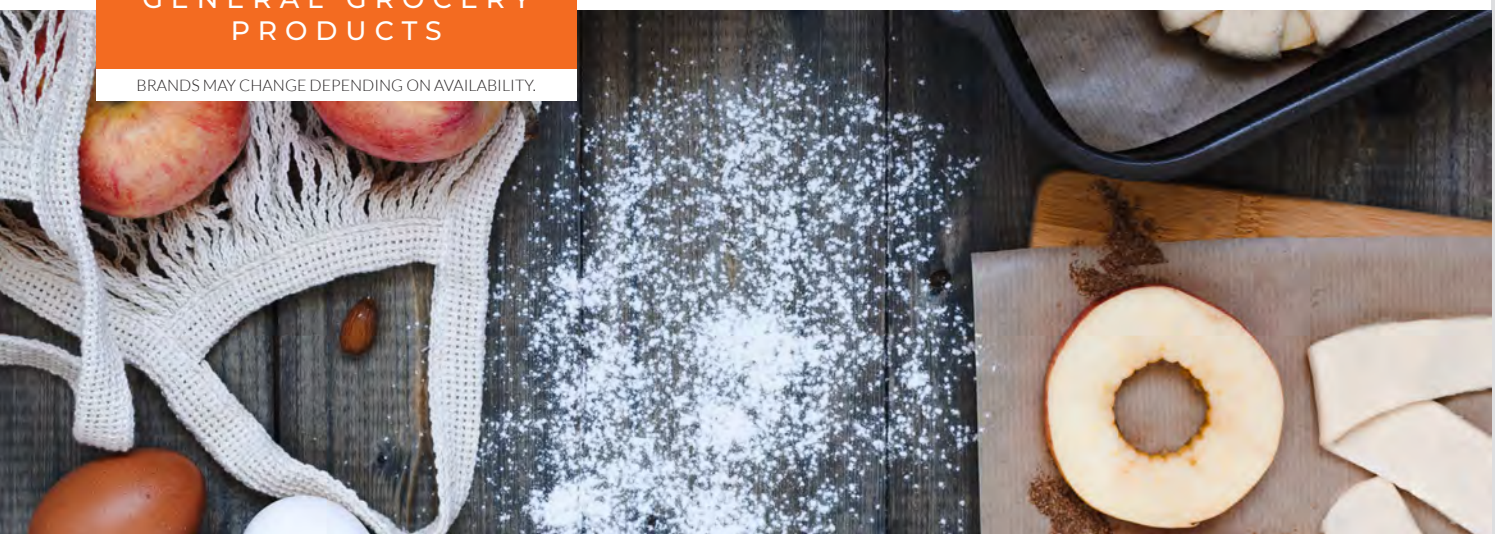
Macs
Honey Squeeze 1KG



Craft
Honey Squeeze 500g

GET IN TOUCH WITH US FOR MORE GENERAL GROCERY PRODUCTS

BRANDS MAY CHANGE DEPENDING ON AVAILABILITY.



KERSTONFOODS

we supply... you create



ORDER ONLINE AT:
KERSTONFOODSONLINE.COM

ORDER VIA EMAIL:
SALES@KERSTONFOODS.COM

OR DOWNLOAD OUR APP

Download on the App Store

GET IT ON Google Play

